E-content Module Checking Report

Center: Krishna Institute of Medical Sciences, KVV DU, Karad

Name of E-content Module: Assessment of Obesity

Comments on Audio/Video (only freshly recorded videos):

https://classroom.google.com/c/NzMwMjg1OTA0NjU5/m/NzMwMjg4NTk0MDQ1/details

Comments on Quadrant 2:

1. Academic Script/Text Material:

Assessment of obesity: The most widely used criteria are:

- **1. BODY WEIGHT:** Body weight, though not an accurate measure of excess fat, is a widely used index.
- (1) Body mass index (Quetelet's index):

It is defined as the weight in kilograms divided by the square of the height in metres (kg/m2).

- (2) Ponderal index: = Height (cm) / Cube root of body weight (kg)
- (3) Brocca index: = Height (cm) minus 100
- (4) Lorentz's formula:= Ht (cm) -100 [Ht (cm) 150/ 2 (women) or 4 (men)]
- (5) Corpulence index: = Actual weight / Desirable weight
- 2. WAIST CIRCUMFERENCE AND WAIST: HIP RATIO (WHR):

Comments on Quadrant 3:

Assignments/Questions & Answers/Discussion Forum Link:

https://classroom.google.com/c/NzMwMjg1OTA0NjU5/m/NzI1NjA2NzY1NDY3/de tails

Comments on Quadrant 4:

Quiz/MCQs/Match the Pair/Fill in the Blanks:

https://classroom.google.com/c/NzMwMjg1OTA0NjU5/a/NzQ3NjEwNDk5MDgx/details

Name &Signature of Reviewer