

## **INJECTION TECHNIQUE: IM**

- Greet patient. Explain procedure to the patient
- Disinfect the top of vial & allow to dry before inserting needle
- Use a 5 ml syringe, add 21 gauge needle
- Aspirate air, Insert needle into vial & turn upside-down.
- Push air in the vial & aspirate 2.5 ml of the drug
- Pull the needle out of the vial. Remove air bubbles from syringe
- Clean area with alcohol or antiseptic swab. Allow site to dry completely. Ask patient to relax. Warn the patient of a sharp pain
- Position non dominant hand at proper anatomical landmark & pull skin downward
- Insert needle swiftly at an angle of 90°
- Aspirate briefly for checking no entry in blood vessel
- Withdraw the needle at the same angle as insertion Dispose needle into sharp container