

## INJECTION TECHNIQUE : ID

1. Greet the patient and explain the procedure.
2. Disinfect the top of the vial and allow it to dry before inserting the needle.
3. Use a 1 ml syringe fitted with a 26-gauge needle.
4. Aspirate air into the syringe.
5. Insert the needle into the vial and turn the vial upside down.
6. Push the air into the vial, then aspirate 0.1 ml of the drug.
7. Withdraw the needle from the vial.
8. Remove any air bubbles from the syringe.
9. With the non-dominant hand, stretch the skin tight between thumb and index finger.
10. Clean the injection site with alcohol or antiseptic swab and allow it to dry completely.
11. Warn the patient about a sharp pain.
12. Hold the syringe at a 5–15° angle, bevel up.
13. Insert ¼ of the needle into the skin.
14. Slowly inject the solution until a small wheal/bleb appears.
15. Withdraw the needle at the same angle as insertion.
16. Dispose of the needle immediately into a sharps container.
17. Instruct the patient not to massage the area and do not apply pressure.