

# HOME VISIT

## Introduction

A home visit is one of the essential parts of the community health services because most of the people are found in a home. Home visit fulfils the needs of individual, family and community in general for nursing service and health counseling. A home visit is considered as the backbone of community health service.

A home visit is a family nurse contact which allows the health worker to assess the home and family situation in order to provide the necessary nursing care and health related activity.

## Definition

A home visit is defined as the process of providing the nursing care to patients at their doorsteps. It requires technical skills, resourcefulness, judgment, relationships. It is defined as providing the services to family at their door step to maintain the health & to reduce the mortality & morbidity in family.

## OBJECTIVES

- To begin a relationship of continuing assistance in the family health and health related needs.
- To get acquainted with the family.
- To obtain information for family assessment.

## Principle

- The home visit should have a purpose and objectives.
- The home visit should be planned according to priority.
- The purpose of the home visit should be clear, regular, and flexible according to the needs of the family.
- First of all introduce yourself, your institution, your purpose, of a home visit, and collects facts about an individual, family environment
- Establish a good interpersonal relationship between families and be polite, courage, friendly.
- The home visit should have a purpose and objectives.
- The home visit should be planned according to priority.
- The purpose of the home visit should be clear, regular, and flexible according to the needs of the family.

- First of all introduce yourself, your institution, your purpose, of a home visit, and collects facts about an individual, family environment
- Establish a good interpersonal relationship between families and be polite, courage, friendly.

### **Purposes**

- To find out needs of individual, family and community in relation to health, socio-economic and cultural aspects.
- To provide domiciliary midwifery as care for pregnant, delivery, and puerperal mother and infant.
- To give care to the sick, to a postpartum mother and her newborn with the view teach a responsible family member to give subsequent care.
- To assess the living condition of the patient and his family and their health practices in order to provide the appropriate health teachings.
- To provide basic health services for minor ailments. (Le. injury, boils, abrasions)
- To provide counseling on family planning, immunization, nutrition
- .To give health teaching regarding the prevention and control of diseases.
- To establish a close relationship between the nurses and the public for promotion of health.
- To make use of an inter-referral system and to promote the utilization of community services

### **Steps of home visiting**

Home visit refers to meeting the health needs of people at doorsteps.

- 1.Facts findings
- 2.Data finding
- 3.Planning action with individual or family
4. Action and health education
5. Follow through
6. Evaluation of services
7. Explain the use of home visiting bag

**Advantage**

- It helps to develop an interpersonal relationship between family members and the nurses. Community health nurse assess the individual and family member in their own environment
- It gives an opportunity to observe the background of the family member and their relationship.
- It helps in the basic understanding of physical and emotional needs of individual and to guide them.
- It helps to gain more knowledge and become realistic as a family member are more relaxed in their own surroundings.

**References**

- Tuitui Roshani and Dr. Suwal S.N. A Textbook of Community Health Nursing